

JEREMY R.J. WHITE

SPIRITUAL GUIDE ~ PSYCHIC ~ HEALER ~ TEACHER

FREYR'S AETT



RAD (pronounced *RAY-do*)

JOURNEY, Quest, Wheel/Time, the letter R

Means a wheel, journey, quest or adventure to travel on your given path, to move away to something better, to follow the true path to enlightenment. Rad brings a time of travel, holidays and initiation to their next level.

Reversed, Rad can mean delays and holdups in your plans or moving backwards. Alternatively it signals you have been led from your true path and are lost for the time being.



KEN (pronounced *KEN-az*)

ENLIGHTEN, Torch, the letters K/C

The torch, the light in the dark, attaining wisdom, to find the truth. Imagine you are lost in a dark forest and a pathfinder comes with a shining torch to guide you back home. This is the power of Ken (enlightenment, illumination of a given situation).

Reversed Ken is the opposite of light, it is dark, having the wool pulled over your eyes, lies and deceit. Schemes and plans behind your back. If it is to do with an opportunity, then not enough is known about the situation and be very careful.



GEBO (pronounced *GEE-bo*)
OATH, Gift, the letter G

Is the gift, generosity, the giving of your word, a contract an oath, the signing of documents. Today, if you sign a contract they will put "x" where you need to sign. In ancient times a man would an "x", this is not because he can't write. It represents his oath with his gods and the gift of his word.

Gebo is usually a good rune and cannot be reversed but there are some situations when it is combined with other runes where it enhances the power of the other symbols.



WYNN (pronounced *WYNN-jo*)
SUCCESS, Happy Endings, the letters V/W

The rune of success and happy endings, the winning flag and where the word winner comes from in our language. This rune means to claim your success to wave your flag and call in victory. A very powerful rune if you are in the middle of any conflict, success is assured.

Reversed, this stone means a lack of victory and success, not waving your flag, hiding in the crowd and not drawing attention to yourself. You have not been showing off all your abilities and you are wasting hidden talents.