

JEREMY R.J. WHITE

SPIRITUAL GUIDE ~ PSYCHIC ~ HEALER ~ TEACHER



TYR (pronounced *TEE-waz*)
WARRIOR, Victory, the letter T

Is the rune of victory, to stick at stuff and see it through to the battles end. A success full end to a conflict. This symbol can also mean the wise council of a respected warrior, good advice should be taken, a mentor steers you on the right path.

For a woman, this can mean the arrival of a strong dominant man in her life, an oak tree to lean on but this power can be intimidating.

This is a very masculine sign and can awaken the warrior within, to rise and claim his power. Tyr is also the call to be a spiritual warrior and face your demons, where ever they may be.

Reversed, Tyr is the sign of an attack is coming or a conflict that you will lose. This can be in the guise of a bully, male or female. A time to protect yourself has come and to cut your losses for survival is the most important thing for the foe who attacks you is far stronger than you.

TYR'S AETT



BEORC (pronounced *BER CAN-aa*)
BEGINNINGS, Birth, the letter B

Is a very feminine sign and associated with the Norse goddess Freya. It is the symbol of spring, fertility and new beginnings. This is a very positive rune and can indicate a birth or marriage, a change for the better is coming. Beorc is a good omen for new ventures and bodes a fruitful time ahead.

Reversed, Beorc represents things coming to an end, running their full course and the natural cycle of things. As something ends it allows new beginnings.

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EHAWZ (pronounced *EH-waz*)

HORSE, Teamwork, the letter E

Means horse in the old language. It is the rune of progress and looks like two well matched horses pulling a cart on the road of life. It is a good omen for relationships and the finding of a soul mate. A great rune not just for love but for business and projects as it means a productive time for all involved.

Reversed this symbols can mean divorce and break-ups, a bad match falls apart. A time of damage limitation for those affected and realization that this was not meant to be, whether work or love.



MANNAZ (pronounced *MANN-az*)

MANKIND, Helper, the letter M

Is the rune of mankind and the rune of destiny. The healer's sign, the teacher's sign, the helper of man. Policeman, builder, doctor are all included in the circle of Mannaz. This can also mean to take time out to heal yourself by helping others or to change what you do and follow your true path, for you have a gift that is wasted if not used.

Reversed, don't try and help others at this time, think about your own needs, step away from the realm of man and look to nature for solace. Be a hermit for a while it will rejuvenate you.